

Programme Autumn Semester
2024

PUSH & PULL

Recently, a student said that the "pull factors" had been decisive in changing his subject – in other words, what attracted, fascinated and inspired him about the new subject. But there were also "push factors": a failed exam and a lack of motivation. Many people experience this in a similar way: We are pulled and pushed, we want and have to, we feel hope and weariness, we are fascinated by the new and fed up with the old. And in all of this, we are looking for orientation that will lead us on a self-responsible and coherent path. Helping us to do this is the common goal of the two university chaplaincies forum³ and aki. That is why we planned the programme together for the first time and run the the majority of events in cooperation. What attracts you?

Thomas Schüpbach-Schmid, university chaplain

forum3.ch

Gemeinschaft • Spiritualität • Entwicklung

forum³
ein Raum für Studierende

EVENTS

Di, 24. Sept.

18.30 Uhr, Pauluskirche

Fri, 27 Sept.

1.30 pm

Di, 1. Okt.

18.15 Uhr

Wed, 2 Oct.

6.15 pm

Tue, 8 Oct. & Wed, 13 Nov.

6.15 pm

Thu, 10 Oct.

6.15 pm

Tue, 15 Oct.

6 pm

Thu, 17 Oct.

5 pm

Mi, 23. Okt.

17.15 Uhr Uhr

Di, 29. Okt. & Mo, 11. Nov.

18.15 Uhr

Sa, 9. Nov. im Le Cap

20.00 Uhr, Frz. Kirche Bern

Do, 14. Nov.

17.30 Uhr

Di, 19. Nov., 18.15 Uhr &

Sa, 23. Nov., 9.00–17.00 Uhr

Wed, 20 Nov.

6.15 pm

Mi, 27. Nov., 18.15 Uhr

FabrikBistro Bern

Thu, 28 Nov.

7 pm

COMMUNITY – SPIRITUALITY – DEVELOPMENT

Feuereifer im Gegenwind

Semester-Eröffnungsgottesdienst

Minigolf

Outdoor activity

Women's Circle

Zyklisch leben in einer linearen Welt

Jass tournament

Game evening at forum³

Forum Atelier – a space for creativity

Creative evenings at forum³

Ligretto tournament

Game evening at aki

Religionens in dialogue

Interreligious dinner at aki

„The Help“ – Stories of change

Movie evening at aki

Kakao-Zeremonie

Rohkakao rituell geniessen

Friedensmalerei

Perspektiven gewaltfreien Widerstandes (im aki)

Das forum³ an der Nacht der Religionen

zusammen mit dem muslimischen Mosaikverein

Scheitern und Aufstehen

Workshop mit Ritual im aki

Der DIALOG – das schöpferische Gespräch

Workshop mit Daniel Gut

Brändi Dog Match

Game evening in the aki

Gott kann auch nicht alles.

Einführung in die Prozesstheologie (mit VBG)

Ecumenical Taizé-Prayer

Pauluskirche, Freiestrasse 8, 3012 Bern

EVENTS

Mon, 2 Dec.

6.30 pm

Sat, 4 & Sun, 5 Jan.

Leukerbad

Di, 21. Jan.

18.15 Uhr

COMMUNITY – SPIRITUALITY – DEVELOPMENT

Contact Impro Dance

Hall of the Zofingia, Alpeneggstrasse 8, 3012 Bern

Stars & Snow

Snowshoe hike

Women's Circle

Austauschrunde für studierende Frauen*

WEEKLY EVENTS DURING THE LECTURE PERIOD

Mondays

12.15–2 pm

Forum Lunch – sustainable & vegan

Free of charge for students

Mondays

1.15–2 pm, Unitobler

Power of Silence

Instructor: Thomas Schüpbach, Room of Silence

Dienstag

12.15 Uhr

mittendrin

Mittagsgebet in der Pauluskirche

Tuesdays & Thursdays

12 pm, registration by 10 am

Veg. Lunch at aki (CHF 6 for students)

info@aki-unibe.ch / 031 307 14 14

Mittwoch

6.15–7.30 pm

Yoga – Meditation, movement and relaxation

Instructor: Nora Jäger (stud. Psychology, Yoga Teacher)

Student Office

The forum³ room as a workspace

(Individual learning is possible by arrangement)

Tue, 3 Dec. & 7 Jan.

Sat, 14 Dec. & 11 Jan.

Study Evenings (6 – 9.30 pm)

Study Saturdays (9 am – 5 pm)

FURTHER EVENTS

Raum der Stille

8.00–18.00 Uhr

Für Gebet und Meditation

UG, Raum B-105, Unitobler

Text & Stille für den Frieden

12.15–12.35 Uhr

Raum der Stille

Ab 26. Sept. bis 19. Dez. alle 14 Tage donnerstags

Counselling & pastoral care – independent, confidential and free of charge for students

Conversations with university chaplain Thomas Schüpbach-Schmid are possible face-to-face, by telephone or by e-mail:

thomas.schuepbach@refbejuso.ch / +41 (0)78 842 78 90

Our partner for many events is the aki.

Our events are generally free of charge for students.

***Events especially recommended for English-speaking students**



Katholische
Hochschulseelsorge

Head of forum³



Thomas Schüpbach-Schmid
(Theologian & University chaplain)

Co-worker



Kirsten Kunkel
(Administration, marketing & music)

Assistant



Jasmin Widmer
(Psychology & Theology)



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Assistant



Kai Zimmermann
(Economics & Statistics)

Forum Council (Support and planning group of the forum³)



André Lourenço
(Religion in Contemporary Society)



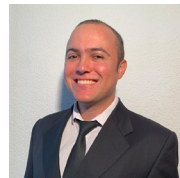
forumhochdrei



Anja Lang
(Linguistics & Archaeology)



Ainhoa Martinelli
(Social Anthropology & Geography)



Woo Yoo
(Biomedical Engineering)